

Date Information Completed/Updated: \_\_\_\_\_



### Emergency Medical Information

(Please safeguard your personal information – National EMS assumes no responsibility for information entered on this document)

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

Physician Name: \_\_\_\_\_ Physician Phone: \_\_\_\_\_

Medical History: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Current Medications: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Allergies: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Additional Information: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



## When Calling 911

- Dispatchers ask several questions to help ensure that adequate responders are sent to your location.
- In an emergency, those questions seem like they are taking a long time, although only a few seconds have passed.
- The short time spent answering questions, may actually save a great deal of time in getting help to you.
- Try to remain calm.

## After Calling/Activating 911

- If you are the patient, sit or lay down in a comfortable position – do not exert yourself.
- Make sure that pets are put up.
- Gather any current medications.
- Unlock doors to allow entry for responders.
- At night, turn on exterior and interior lights.
- Locate important papers (insurance cards, social security cards, medical information sheet)
- At public buildings, if possible, send someone to the front door to wait for help to arrive.

# Please, Do NOT Send This Sheet To Us.

Keep The Document In A Safe Place & Provide It To The EMS Crew If You Have To Use EMS. Update Contents After Each Dr. Visit. To Obtain Additional Copies, Visit Our Web Site [www.nationalems.com](http://www.nationalems.com)